

# A Joyous Celebration of Ideas, the Arts, Science, and Efforts to Make the World a Better Place

## Day 1 – Monday – July 17

Time	Duration	Presenter
7:30 am	75 min	Light Continental Breakfast Buffet & Conference Registration
8:45 am	40 mins	Introductions <span style="float: right;">music to bring people in</span> welcome: Adele First Nation Greeting: Shane Pointe Mindfulness Min w/ Michele Chabar Adele again + Daphne Ling
9:30	50 mins	<b>Session 1: Indigenous Cultures: Their Wisdom &amp; Efforts to Insure their Survival</b> <ul style="list-style-type: none"> <li>• Maung Nyeu 15 min Marma (Chittagong Hill Tracts, Bangladesh)</li> <li>• Nancy Yáñez 15 min Chile</li> <li>• Ashli Akins 15 min Peru</li> </ul>
10:25	30 mins	Refreshment Break <span style="float: right;">music by Hayes Greenfield welcoming people back</span>
10:55	50 mins	<b>Session 2, Part 1: Education</b> <ul style="list-style-type: none"> <li>• Lynne Lawrence 15 min</li> <li>• Andre Shearer 15 min</li> <li>• Deborah Leong &amp; Elena Bodrova 15 min</li> </ul>
11:45	10 mins	Stretch Break
11:55	65 mins	<b>Session 2, Part 2: Education</b> <ul style="list-style-type: none"> <li>• Hayes Greenfield [perform + speak] <span style="color: red;">includes performance</span> 18 min</li> <li>• Andrea Raza Álvaro 15 min</li> <li>• John Mighton &amp; Liz Barrett 15 min</li> <li>• Laurie Faith &amp; Carol-Anne Bush 15 min</li> </ul>
1:00	1 hr 50 mins	Lunch (on your own) <span style="float: right;">music welcoming people back</span>
2:50	35 mins	<b>Session 3: Cognitive Science &amp; Developmental Cognitive Neuroscience</b> <ul style="list-style-type: none"> <li>• Michael Posner 15 min</li> <li>• Patricia Kuhl 15 min</li> </ul>
3:25	10 mins	Stretch Break
3:35	20 mins	<b>Session 4: Cultural Contexts of Mental Healthcare Delivery</b> <ul style="list-style-type: none"> <li>• Radhika Bapat 20 min</li> </ul>
3:55	10 mins	Stretch Break
4:05	50 mins	<b>Session 5: Developmental Science; Cognitive Development</b> <ul style="list-style-type: none"> <li>• Yuko Munakata 15 min</li> <li>• Amanda Woodward 15 min</li> <li>• Andrew Meltzoff 15 min</li> </ul>
4:55	30 mins	Refreshment Break

5:25	15 min	Session 6: <b>From Conflict to Connection: Creating Harmony via Aikido</b>	
		<ul style="list-style-type: none"> <li>• Robert Vichnis 15 min [talk &amp; demo] <b>includes demonstration</b></li> </ul>	
5:40	10 mins	Stretch Break	
5:50	40 mins	Session 7: <b>Music</b> <b>performance</b>	
		<ul style="list-style-type: none"> <li>• Juan Felipe Molano – talk on El Sistema &amp; on Music &amp; the Brain 20 min</li> <li>• El Sistema performance (Seattle Youth Orchestra) <b>performance</b> 20 min</li> </ul>	
		move next door	
6:40		short talks (no slides): <ul style="list-style-type: none"> <li>• Patrizio Paoletti – not sure if he'll be here by then</li> <li>• Don Druin (Adele's husband)</li> </ul> <b>Open Mic</b> <b>Music &amp; maybe Dance</b>	<b>Refreshments / hors d'oeuvres</b> <b>in a Cabaret setting</b>

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## Day 2 – Tuesday – July 18

7:30 am	75 min	Light Continental Breakfast Buffet	
Time	Duration	Presenter	
8:45 am	15 mins	Introductions <span style="float: right; font-size: small;">music by Hayes Greenfield bringing people in</span>	
9 am	60 mins	<b>Session 1: Effects of Trauma &amp; Stress on the Mind &amp; Body</b> <ul style="list-style-type: none"> <li>• Gabor Maté <span style="float: right;">30 min</span></li> <li>• Elissa Epel <span style="float: right;">30 min</span></li> </ul>	
10:00	10 mins	Stretch Break	
10:10	60 mins	<b>Session 2: Restoring Justice to Criminal Justice</b> <ul style="list-style-type: none"> <li>• Alison Granger-Brown <span style="float: right;">15 min</span></li> <li>• Amy Lansing <span style="float: right;">15 min</span></li> <li>• BJ Casey <span style="float: right;">15 min</span></li> <li>• Brenda Morrison <span style="float: right;">15 min</span></li> </ul>	
11:10	30 mins	Refreshment Break <span style="float: right; font-size: small;">music welcoming people back</span>	
11:40	40 mins	<b>Session 3: Social-Emotional Dev. &amp; Plasticity: Compassion &amp; Empathy #1</b> <ul style="list-style-type: none"> <li>• Thupten Jinpa <span style="float: right;">15 min</span></li> <li>• Angela Low <span style="float: right;">10 min</span></li> <li>• Kim Schonert-Reichl <span style="float: right;">15 min</span></li> </ul>	
12:20 pm	10 mins	Stretch Break	
12:30	50 mins	<b>Session 4: Inspiring &amp; Empowering Youth: Capoeira &amp; National Dance Inst.</b> <ul style="list-style-type: none"> <li>• Valter Fernandes Curumim – Capoeira [talk &amp; demo] <span style="float: right; color: red;">includes performance</span></li> <li>• Jenny Seham – talk about NDI and dance w/ blind children <span style="float: right;">15 min</span></li> <li>• California Dance Inst. (CDI) <span style="float: right; color: red;">performance</span> <span style="float: right;">15 min</span></li> </ul>	
1:25	1 hour 50 minutes	Lunch (on your own) <span style="float: right; font-size: small;">music by OCSA welcoming people back</span>	
3:15	40 mins	<b>Session 5: Dev. Cognitive Neuroscience &amp; Developmental Science</b> <ul style="list-style-type: none"> <li>• Natasha Kirkham <span style="float: right;">18 min</span></li> <li>• Dima Amso <span style="float: right;">18 min</span></li> </ul>	
3:55	10 mins	Stretch Break	
4:05	55 mins	<b>Session 6: Indigenous Peoples' Cultural Wisdom &amp; Programs #2</b> <ul style="list-style-type: none"> <li>• Barbara Rogoff <span style="float: right;">18 min</span> <span style="float: right;">Mayan (Mexico)</span></li> <li>• Loise Nashepai <span style="float: right;">18 min</span> <span style="float: right;">Maasai (Kenya)</span></li> <li>• Regina Lohndorf <span style="float: right;">18 min</span> <span style="float: right;">Mapuche (Chile)</span></li> </ul>	
5:00	30 mins	Refreshment Break	

music welcoming people back

5:30	30 mins	<b>Session 7: Executive Functions</b> <ul style="list-style-type: none"><li>• Silvia Bunge 15 min</li><li>• Jelena Obradovic 15 min</li></ul>
6:00	10 mins	Stretch Break
6:10	30 min	<b>Session 8: Music &amp; Dance</b> <i>performance</i> <ul style="list-style-type: none"><li>• Justin Scarimbolo on traditional Indian instruments <i>performance</i> 10 min</li><li>• El Sistema in Vancouver (Saint James Music Academy) <i>performance</i> 15 min</li></ul>
move next door		
7:00		<p>short talks (no slides):</p> <ul style="list-style-type: none"><li>• Michele Chaban</li><li>• Trevor Hurwitz</li><li>• Lesley Horton</li></ul> <p><b>Open Mic</b> <b>Music by Licia Sky and others, &amp; maybe Dance</b></p>
		<b>Refreshments / hors d'oeuvres in a Cabaret setting</b>

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## Day 3 – Wednesday – July 19

7:30 am	75 min	Light Continental Breakfast Buffet
<b>Time</b>	<b>Duration</b>	<b>Presenter</b>
8:45 am	15 mins	Introductions <span style="float: right; border: 1px solid black; padding: 2px;">music to bring people in: maybe Shari Geller</span>
9:00	30 mins	<b>Session 1: Mindfulness &amp; Stress Resilience</b> <ul style="list-style-type: none"> <li>• Bidyut Bose 15 min</li> <li>• Cliff Saron 15 min</li> </ul>
9:30	10 mins	Stretch Break
9:40	65 mins	<b>Session 2: Social Determinants of Health; Social Justice</b> <ul style="list-style-type: none"> <li>• Gilles Julien 15 min</li> <li>• Hélène Sioui Trudel 15 min</li> <li>• Judy Graves 15 min</li> <li>• Rabia Mir 10 min</li> <li>• Chris Look 10 min</li> </ul>
10:45	30 mins	Refreshment Break <span style="float: right; border: 1px solid black; padding: 2px;">music welcoming people back</span>
11:15	45 mins	<b>Session 3: Inspiring &amp; Empowering Youth: Youth Circus &amp; Higher Ground</b> <ul style="list-style-type: none"> <li>• Jackie Davis – talk plus mime performance 20 min <span style="color: red;">performance</span></li> <li>• Jansen Azarias-Suzumoto 20 min</li> </ul>
12 noon	10 mins	Stretch Break
12:10	60 mins	<b>Session 4: Early Child Development</b> <ul style="list-style-type: none"> <li>• Ellen Galinsky 15 min</li> <li>• Silvia Dubovoy 15 min</li> <li>• Kathy Hirsh-Pasek 15 min</li> <li>• Karen Wynn 15 min</li> </ul>
1:10 pm	1 hr & 50 mins	Lunch (on your own) <span style="float: right; border: 1px solid black; padding: 2px;">music welcoming people back</span>
3:00	60 mins	<b>Session 5: Human Flourishing &amp; Social-Emotional Development</b> <ul style="list-style-type: none"> <li>• Bessel van der Kolk 20 min</li> <li>• Eveline Crone 15 min</li> <li>• Mark Greenberg &amp; Christa Turksma 15 min</li> <li>• Michiel Westenberg 10 min</li> </ul>
4:00	10 mins	Stretch Break
4:10	30 mins	<b>Session 6: Indigenous Peoples' Cultural Wisdom &amp; Programs #3</b> <ul style="list-style-type: none"> <li>• Monica Tsethlikai 15 min Zuni</li> <li>• Michele Sam 15 min Ktunaxa</li> </ul>
4:40	30 mins	Refreshment Break <span style="float: right; border: 1px solid black; padding: 2px;">music welcoming people back</span>

5:10	15 mins	Session 7: <b>Orange County School of the Arts (OSCA) musical performance</b>	
5:25	10 mins	Stretch Break	
5:35	60 mins	Session 8: <b>Cognitive Neuroscience: Prefrontal Cortex &amp; Exec. Functions</b> <ul style="list-style-type: none"> <li>• Amy Arnsten                      15 min</li> <li>• Torkel Klingberg                15 min</li> <li>• Michael Petrides                15 min</li> <li>• Trevor Robbins                   15 min</li> </ul>	
6:35	10 mins	Stretch Break	
6:45	30 mins	Session 9: <b>Social-Emotional Dev. &amp; Plasticity: Compassion &amp; Empathy #2</b> <ul style="list-style-type: none"> <li>• Tania Singer                      15 min</li> <li>• Mary Gordon                      15 min</li> </ul>	
		move next door	
7:25		short talks (no slides): <ul style="list-style-type: none"> <li>• Rena Del Pieve Gobbi</li> <li>• Richard Biegel</li> </ul> <b>Open Mic</b> <b>Music &amp; maybe Dance</b>	<b>Refreshments /          hors d'oeuvres          in a Cabaret setting</b>

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## Day 4 – Thursday – July 20

Time	Duration	Presenter
7:30 am	75 min	Light Continental Breakfast Buffet <span style="float: right;">music to bring people in</span>
8:45 am	15 mins	Introductions
9:00	30 mins	Session 1: <b>Interpersonal Neurobiology</b> <ul style="list-style-type: none"> <li>• Dan Siegel 30 min</li> </ul>
9:30	10 mins	Stretch Break
9:40	30 mins	Session 2: <b>Life Cycle Benefits of Quality Early Childhood Programs</b> <ul style="list-style-type: none"> <li>• James Heckman 30 min</li> </ul>
10:10	10 mins	Stretch Break
10:20	20 mins	Session 3: <b>Music performance</b> <ul style="list-style-type: none"> <li>• Vancouver Symphony members in the Sitka String Quartet 20 min</li> </ul>
10:40	30 mins	Refreshment Break <span style="float: right;">music by OCSA welcoming people back</span>
11:10	30 mins	Session 4: <b>Storyteller Extraordinaire</b> <ul style="list-style-type: none"> <li>• Judith Black 30 min performance</li> </ul>
11:40	10 mins	Stretch Break
11:50	45 mins	Session 5: <b>Redressing Social Injustices</b> <ul style="list-style-type: none"> <li>• Erica Frank 15 min</li> <li>• Tedd Judd 15 min</li> <li>• Mahzarin Banaji 15 min</li> </ul>
12:35 pm	10 mins	Stretch Break
12:45	25 mins	Session 6: <b>ADHD &amp; the Dopamine System in Prefrontal Cortex</b> <ul style="list-style-type: none"> <li>• Daphne Ling 15 min</li> <li>• Margaret Weiss 10 min</li> </ul>
1:10	1 hr & 50 mins	Lunch (on your own) <span style="float: right;">music welcoming people back</span>
3:00	35 mins	Session 8, Part 1: <b>Programs &amp; Activities to Improve Executive Function</b> <ul style="list-style-type: none"> <li>• Edith Bachman 10 min</li> <li>• Fatimah Bahrami 10 min</li> <li>• Priscilla Paz 12 min</li> </ul>
3:35	10 mins	Stretch Break
3:45	30 mins	Session 8, Part 2: <b>Programs &amp; Activities to Improve Executive Function</b> <ul style="list-style-type: none"> <li>• Kim Lakes 15 min</li> <li>• Tal Ben-Soussan 15 min</li> </ul>
4:15	25 mins	Wrap Up and <b>Musical/ Performance surprise</b>
4:40		Good Byes and Farewells
5:00		Communal Clean-up